

## CAPE TROUT STREAMS

### Tackle & gear

- Felt soled wading boots
- Thick, long hiking socks
- Neoprene gravel guards
- Quick dry pants or shorts (no waders required)
- Quick dry shirt, preferably with built in sun protection
- Peak cap or wide brimmed hat
- Warm fleece sweater
- Rain jacket
- Polarised sunglasses (amber is best)
- Sun gloves (optional)
- Small backpack
- Camelbak / water bladder
- Landing net (optional)
- 2 – 3 weight rod, 7 – 8ft in length
- Matching reel
- Matching floating line (Double Taper)
- 5x and 6x 9ft tapered leaders
- 5X, 6X & 7X tippet material
- Fly floatant
- Nippers / zinger
- Fly boxes
- Sun block
- Lip salve
- Tissue paper / sunglass lens cleaner

### Flies

- Small, sparse dry flies such as:
- Carabou Spider in sizes 12 - 18
- RAB's in sizes 14 - 18
- Pheasant tail nymphs in sizes 14 - 18
- Parachute Adams 16 - 20
- Polywing Spun Dun in sizes 14 - 18
- Quick Caddis in sizes 16 -18
- Biot Micro Caddis in sizes 18 - 20
- Spun Dun in sizes 16 - 20
- Comparadun in sizes 18 – 20

